



ALBEMARLE REGIONAL HEALTH SERVICES
Partners in Public Health

711 Roanoke Ave. Elizabeth City, NC 27909

NEWS RELEASE

April 13, 2020
FOR IMMEDIATE RELEASE

Contact Information:
Amy Underhill, Public Information Officer
252-338-4448
aunderhill@arhs-nc.org

**ALBEMARLE REGIONAL HEALTH SERVICES UPDATES COVID-19 CASE
COUNTS**

Elizabeth City, NC – As of 11 a.m. on Monday, April 13, 2020, there are 4,816 lab confirmed positive cases of COVID-19 in North Carolina. Lab confirmed positive COVID-19 cases across the Albemarle Regional Health Services (ARHS) region include:

Pasquotank County – 15 lab confirmed cases - 7 active and 8 recovered

Perquimans County – 4 lab confirmed cases - 2 active and 2 recovered

Camden County – 0 cases

Chowan County – 3 lab confirmed cases - 2 active and 1 recovered

Currituck County – 3 lab confirmed cases - 2 active and 1 recovered

Bertie County – 12 lab confirmed cases - 1 active, 10 recovered, and 1 death

Gates County – 4 lab confirmed cases - 0 active and 4 recovered

Hertford County – 4 lab confirmed cases - 1 active, 2 recovered, and 1 death

-more-

Cases identified as recovered means individuals have had no fever for at least 72 hours without the use of medicine that reduces fever, have been without symptoms for at least seven days, and other symptoms have improved. ARHS will continue to update the 338-WELL line with active and recovered cases.

As we begin the third week of the Stay at Home order it is imperative that we continue to practice preventive and safety measures that will help prevent the spread of the COVID -19.

These precautions include:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Practice social distancing; stay at least six feet away from others, avoid unnecessary travel, avoid handshakes, hugs and other close contact.

Further information about COVID-19 can be found here:

Albemarle Regional Health Services - <http://www.arhs-nc.org/> or call 252-338-WELL

North Carolina Department of Health and Human Services - <https://www.ncdhhs.gov/>

Center for Disease Control - <https://www.cdc.gov/>

For more information, please contact Amy Underhill, ARHS Public Information Officer at

252-338-4448 or aunderhill@arhs-nc.org.

Albemarle Regional Health Services is dedicated to disease prevention and the promotion of a healthy environment to reduce morbidity, mortality, and disability through quality service, education, and advocacy.

####